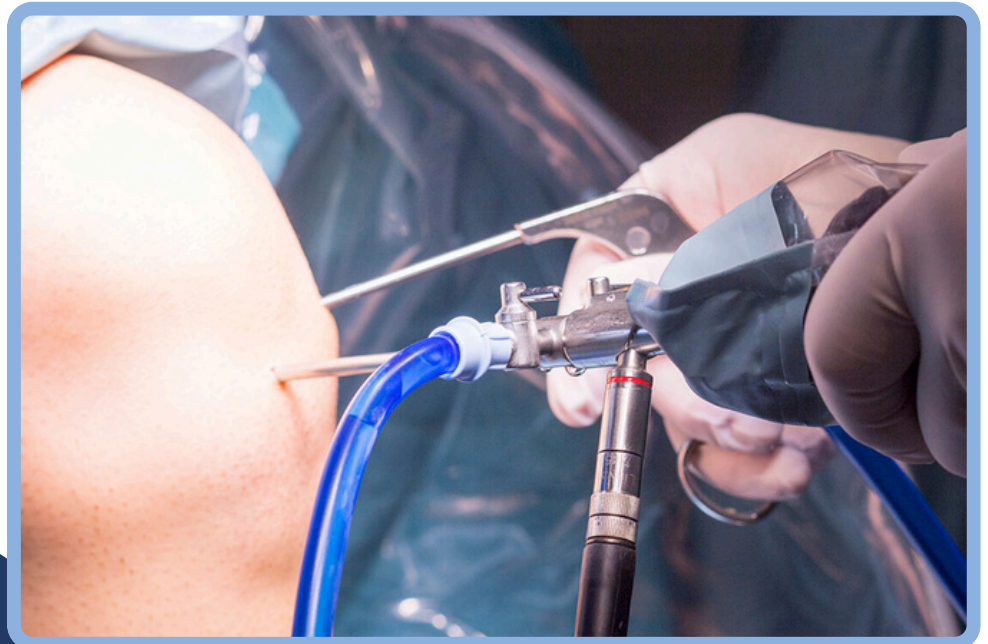




Mr Vishal Pai
ORTHOPAEDIC KNEE SURGEON

Get Knee Arthroscopy Surgery to Avoid Long-Term Damage



0386570595



vishalpai.com.au



At Vishal Pai, we offer you with [knee arthroscopy surgery](#), that helps you to regain your mobility. It also helps you to recover from damaged cartilage surfaces, ligaments or meniscus. Knee pain and mobility issues can significantly impact your quality of life. That's why treating the pain becomes a very crucial process to heal joint problems with precision and minimal recovery time. As one of the most reputed knee orthopaedic surgeon, Mr. Pai emphasises the importance on early intervention.

The steps involved in knee arthroscopy surgery include:

- Diagnostic arthroscopy uses 2-3 small cuts to insert a camera and tools to check the knee joint.
- Meniscal resection or repair helps trim or fix a torn meniscus.
- Chondroplasty smooths rough cartilage using a special tool.
- Microfracture makes tiny holes in bone to help grow new cartilage.
- Loose pieces of bone or cartilage causing pain or locking are removed.

Later your wound dressings will be removed, and the wound will be reviewed to ensure it has healed. The sutures will also be removed at this stage. If everything goes well in the knee arthroscopy surgery, then you may be advised to regain full control within 6 to 8 weeks.

Choosing knee arthroscopy surgery not only restores function but also protects your joint health for the future. Don't wait for the damage to become permanent—consult Mr. Vishal Pai to explore your options and take the first step toward lasting relief.

Mr Vishal Pai Orthopaedic Knee Surgeon

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