



**Serenity Healthy Minds**  
and Telemedicine Wellness LLC



Welcome to Serenity Healthy Minds & Telemedicine Wellness LLC

# Your Path to **Mental Wellness** Starts Here

Ethel Winfunke-Rochin, a board-certified psychiatric Mental Health Nurse Practitioner and Family Nurse Practitioner.

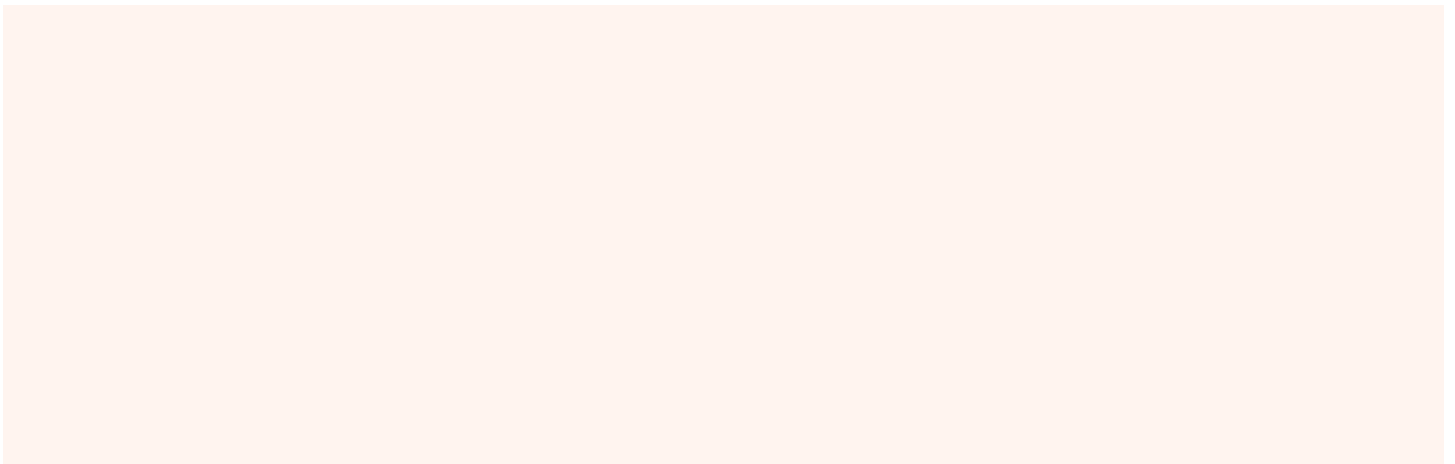
At Serenity Healthy Minds & Telemedicine Wellness LLC, we provide compassionate, patient-centered psychiatric care with a focus on evidence-based medication management. Led by **Ethel Winfunke-Rochin**, a Psychiatric Mental Health Nurse Practitioner, our practice is dedicated to empowering individuals by addressing underlying mental health concerns with a solution-focused approach. Whether you are facing anxiety, depression, ADHD, or other psychiatric conditions, we are here to support you on your journey to wellness.

 [Make Appointment](#)



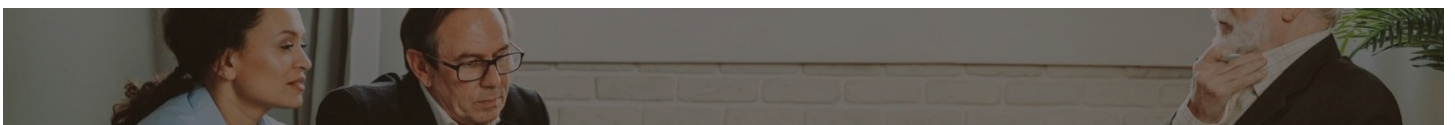
Based in Queen Creek, Arizona, Ethel Winfunke-Rochin brings over 10 years of experience in medication management for individuals with comorbid health conditions, psychiatric disorders, and [substance use](#) disorders. She combines cultural awareness, a nonjudgmental approach, and strong interpersonal skills to create a safe and welcoming environment for every patient.

Her philosophy is rooted in attentiveness, compassion, and empowerment, ensuring that each individual receives personalized treatment tailored to their unique needs.





- ✍ Medication refills for ongoing stable chronic conditions (refills are up to 2 months)
- ✍ Acne
- ✍ Benign Prostatic Hypertrophy
- ✍ Bronchitis
- ✍ Chronic Migraine
  
- ✍ Cold Sores
- ✍ Cough
- ✍ Dental infection
- ✍ External Ear Infection (Swimmer's ear)
- ✍ High Cholesterol (stable)
  
- ✍ Hypothyroidism
- ✍ Hypertension (stable)
- ✍ Pharyngitis
- ✍ Type II diabetes mellitus (stable)
- ✍ Urinary Tract Infection





A **compassionate and nonjudgmental** space to discuss your concerns.

A **thorough evaluation** to understand your mental health history and current needs.

**Personalized treatment recommendations**, including medication management options.

Education on your treatment plan, ensuring you feel informed and empowered.



 [Book Appointment](#)



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Ethel Winfunke-Rochin is a board-certified Psychiatric Mental Health Nurse Practitioner and Family Nurse Practitioner based in Queen Creek, Arizona.

## Contact



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