

Heartsaver® CPR, First Aid & AED Certification Program for K-12 Schools

Ensuring safety within a school environment is not just a responsibility—it is a necessity. With hundreds of students, faculty members, and staff gathered together each day, emergencies can occur at any time. The Heartsaver® CPR, First Aid & AED Certification Program for K-12 Schools is designed to prepare educational institutions for real-world medical, injury, and cardiac emergencies. This comprehensive course follows American Heart Association (AHA) guidelines and helps schools meet essential safety standards while empowering individuals with lifesaving skills. For anyone searching for [cpr first aid certification](#), [cpr and first aid classes near me](#), [first aid cpr training near me](#), [cpr and first aid training near me](#), or [cpr and first aid certification near me](#), this program offers the most reliable and trusted training experience.



Service Areas Covered (Palm Desert & Surrounding Cities:

This certification course is available across a wide range of locations to support school districts, private institutions, and educational organizations in:

- US, United States
- Palm Desert – 92211, 92255, 92260, 92261
- Palm Springs – 92262, 92263, 92264
- West Palm Springs
- Cathedral City – 92234, 92235
- Rancho Mirage – 92270
- Indian Wells
- Indio – 92201, 92202, 92203
- Desert Hot Springs
- Idyllwild-Pine Cove

- **Bermuda Dunes**
- **La Quinta**
- **Sun City**
- **Thousand Palms**

This expansive coverage ensures strong local SEO performance, helping schools and individuals easily find certified CPR and first aid training within their local region.

Program Overview:

The Heartsaver® K-12 CPR, First Aid & AED program is a structured, instructor-led, classroom course that integrates video learning with practical, hands-on skills practice. It teaches participants how to recognize medical emergencies, respond appropriately, and provide immediate assistance before emergency medical services (EMS) arrive. The course emphasizes fast, confident action—something essential in school environments where children and adolescents may experience sudden injuries, allergic reactions, asthma attacks, cardiac arrest, or choking incidents.

The training focuses on real-world application, ensuring that participants learn not just the techniques, but also the reasoning behind them. Whether in school hallways, playgrounds, sports fields, cafeterias, or classrooms, these skills can make a life-saving difference.

- [cpr and first aid training near me](#)



Skills You Will Learn:

First Aid Skills:

Participants will learn how to identify and respond to a variety of first aid emergencies such as:

- Sudden breathing problems

- Allergic reactions
- Choking incidents
- Fainting and seizures
- Bleeding control
- Burns, cuts, and sprains
- Broken bones and fractures
- Bites, stings, and poisoning
- Managing temperature-related emergencies

CPR (Cardiopulmonary Resuscitation):

The CPR portion includes:

- High-quality compressions
- Proper hand placement and compression depth
- Airway management techniques
- Breathing support using rescue masks
- Coordinating CPR with other rescuers

AED (Automated External Defibrillator) Training:

Participants learn:

- How to recognize cardiac arrest
- Correct pad placement
- AED safety steps
- How to operate AED devices used on campus

Optional modules include **child CPR**, **infant CPR**, and specialized choking relief for younger age groups.



Target Audience:

This program is designed specifically for:

- K-12 students
- Teachers
- Sports coaches
- School administrators
- Office staff
- Cafeteria employees
- Bus drivers
- Campus security
- Activity coordinators

No prior medical training is required. The course benefits anyone who may need to respond to emergencies as part of their school duties or workplace compliance requirements.



Program Features:

- **Instructor-led, hands-on learning** for accurate skill development
- **Video-guided demonstrations** for consistent performance
- **Scenario-based practice sessions**
- **Updated AHA scientific guidelines**
- **Student workbooks and reference materials** included

The course uses AHA's proven "practice-while-watching" method, enabling learners to follow demonstrations and apply skills instantly under instructor supervision.

Learning Objectives:

Upon successful completion of the program, participants will be able to:

- Understand the role and responsibilities of a first aid rescuer

- Perform thorough emergency assessments
- Recognize major medical conditions such as stroke, shock, or heart attack
- Assist choking adults, children, and infants
- Provide effective CPR across age groups
- Use an AED confidently
- Control bleeding and dress wounds
- Prevent further injury and stabilize the situation until EMS arrives
- Identify common illnesses and injuries among school-age children
- Understand legal considerations for first aid providers

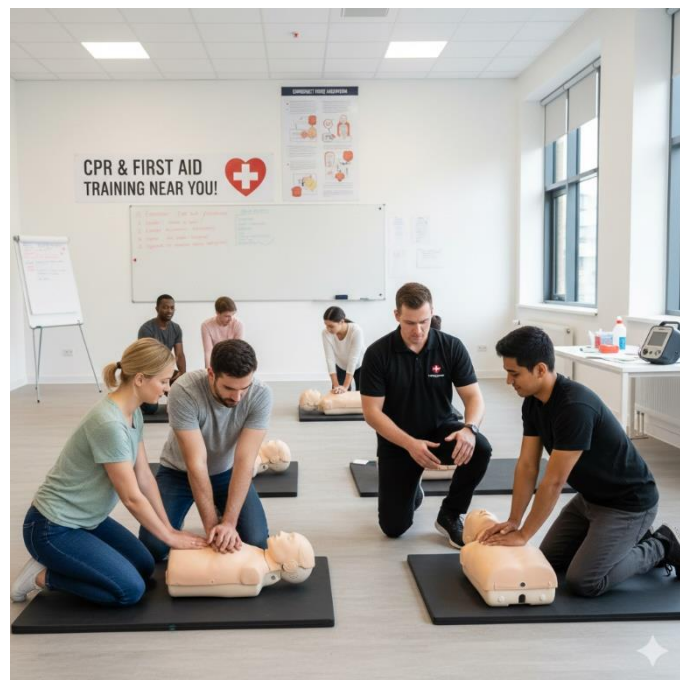
These objectives ensure that every participant becomes a capable and confident emergency responder.

Training Materials Included:

Participants will receive:

- Heartsaver® First Aid CPR AED Student Workbook
- Adult, child, and infant CPR reminder cards
- First Aid Quick Reference Guide
- Full-color diagrams and step-by-step instructions

These resources allow learners to review and reinforce concepts long after the course is completed.



Course Duration and Format:

The program typically requires **5 to 8 hours** to complete, depending on class size and selected modules.

Format includes:

- Classroom instruction
- Video-based demonstrations
- Skills practice
- Skills testing

The recommended instructor-to-student ratio ensures that all participants receive personal guidance and feedback.

Certification & Validity:

Upon successful completion, participants receive an **official AHA Heartsaver® First Aid CPR AED Certification Card**, valid for **two years**.

This certification meets:

- School district requirements
- OSHA regulations
- Employment and volunteer compliance standards

Schools may also request the AHA's special Heartsaver® K-12 course completion card option.

Course Fees:

- **With Provider Manual:** \$120
- **Without Manual:** \$110

Group discounts, school district packages, and seasonal promotions may be available.

Why This Course Matters:

Emergencies can occur at any moment. Having trained responders on campus can dramatically increase survival rates, reduce complications, and ensure better outcomes. Whether it's a child choking in the cafeteria, a sports injury on the field, or a cardiac emergency involving staff, this course helps ensure that K-12 schools are ready to respond instantly and effectively.

For more information visit the link here: <https://www.yourcprmd.com/heartsaver-first-aid-cpr-aed-for-k-12-students-faculty-staff/>

Conclusion:

The *Heartsaver® CPR, First Aid & AED Certification Program for K-12 Schools* empowers students, teachers, and staff with the lifesaving skills needed to create a truly safe educational environment. For anyone searching for **cpr first aid certification**, [cpr and first aid classes near me](#), **first aid cpr training near me**, or [cpr and first aid certification near me](#), this program provides high-quality, American Heart Association-approved training that is essential for school safety. With updated guidelines, experienced instructors, and hands-on practice, this course prepares your school community to respond confidently when every second matters.

Website: <https://www.yourcprmd.com/>

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