

Effective Physiotherapy Solutions in Mira Road at Dr. Vigil's Advance Physio Clinic

Dr Vigil's Advance Physio in *Mira Road* is a reputable [Physiotherapy Clinic in Mira Road](#) dedicated to providing advanced, personalized rehabilitation and pain management services for patients of all ages. The clinic has built a strong local reputation for helping individuals recover from musculoskeletal injuries, chronic pain, and movement limitations through evidence-based treatment plans designed to improve quality of life.

Drawing on years of clinical experience, the team at Dr Vigil's uses a patient-centric approach that focuses on understanding each person's unique needs before recommending therapy. This ensures that every treatment is tailored, effective, and aligned with the patient's recovery goals.



At Dr Vigil's Advance Physio, therapists specialize in treating a wide range of conditions, including back pain, neck pain, shoulder pain, joint stiffness, arthritis, sports injuries, slip disc issues, and post-surgical rehabilitation. They combine manual therapy, exercise therapy, and advanced physiotherapy modalities to reduce pain, restore mobility, and strengthen weak areas of the body. The clinic also emphasizes education, guiding patients on preventive care, therapeutic exercises, and lifestyle modifications that support long-term health and wellness.

Beyond traditional physiotherapy, Dr Vigil's offers sports physiotherapy, neuro-rehabilitation, pediatric physiotherapy, and geriatric care, making it a versatile choice for families and

individuals with diverse rehabilitation needs. Patients frequently praise the friendly staff, professional assessments, and noticeable improvements experienced within a few sessions.

Conveniently located in *Mira Road*, the clinic welcomes new patients by appointment and also provides home-visit physiotherapy services for those unable to visit the center in person. With a dedicated team and comprehensive care options, Dr Vigil's Advance Physio remains a trusted choice for rehabilitation and pain relief in the Mira Road area. For more visit us!