



Welcome To Dynamic Healthcare PLLC

**Compassionate Mental Health Care For
Every Stage Of Life**

[Book An Appointment →](#)

Comprehensive Psychiatric Evaluation





Medication Management



Therapy & Counseling Support



Telepsychiatry & In-Person Care



About Us

About Dynamic Healthcare PLLC

Dynamic Healthcare PLLC is a trusted mental health practice in Raleigh, North Carolina, dedicated to providing holistic, patient-centered care. We understand the growing mental health needs of our community and the importance of accessible, culturally competent services.

Our approach blends comprehensive psychiatric evaluation, medication management, supportive therapy, and education to empower individuals to take control of their mental wellness. Whether you're facing anxiety, depression, ADHD, trauma, bipolar disorder, or complex mental health challenges, we're here to walk the journey with you.

More About Us →

Services

Our Services



Psychiatric Evaluation & Diagnosis

Comprehensive mental health assessments for children, teens, adults, and older adults to understand symptoms, history, and the best path toward wellness.



Medication Management

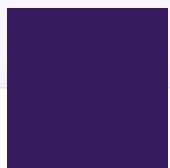
Safe and effective medication initiation, titration, and monitoring. We evaluate treatment response, adjust medications when needed, and support you through every step.





Psychotherapy & Counseling

Supportive therapy and brief CBT-informed interventions—including motivational interviewing and psychoeducation—to help with coping skills, emotional regulation, and healthy lifestyle balance.



Telepsychiatry & In-Person Visits

Convenient and secure virtual visits along with local in-office appointments. Get the care you need from anywhere in North Carolina.



Mental Health Screening & Monitoring

Routine evaluations for depression, anxiety, PTSD, bipolar disorder, ADHD, and more using standardized tools like PHQ-9 and GAD-7.



Substance Use & Dual Diagnosis Care

Assessment, treatment planning, and continuous support for individuals managing both mental health symptoms and substance use.

[View More Services →](#)

Why Choose Us

Why Choose Dynamic Healthcare PLLC?

01



Compassionate, Patient-Centered Care

We take the time to listen, understand your concerns, and provide treatment plans that truly reflect your needs, values, and goals.

02



Culturally Sensitive & Inclusive Services

We recognize the impact of cultural differences and health disparities. Our care is respectful, supportive, and tailored to the diverse communities we serve.

03

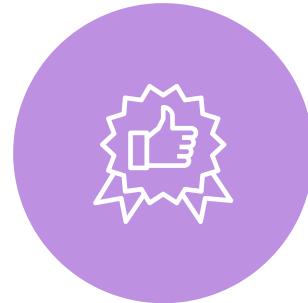


Holistic Approach To Mental Wellness

Our treatment focuses on the whole person—not just symptoms. We blend clinical

expertise, therapy, lifestyle guidance, and education to promote long-term healing.

04



Expert Provider With Advanced Training

Under the care of Dr. Nkwachioma Nwosu (DNP, PMHNP-BC), patients receive evidence-based, comprehensive psychiatric treatment rooted in compassion and clinical excellence.

[Meet Provider](#)

Dr. Nkwachioma Nwosu DNP, PMHNP-BC

My name is Nkwachioma Nwosu, I am a certified Psychiatric Mental Health Nurse Practitioner (DNP, PMHNP-BC). I am aware of the mental health care needs of the community and disparities that impact patient's access to culturally sensitive services. I am passionate about improving the quality of care using a holistic approach from age 4 and older. I obtained a bachelor's in nursing from North Carolina Central in Durham and an MSN/Doctorate degree in nursing with a concentration in Psychiatric Mental Health from Maryville University of St. Louis. My clinical interest is in assessing, diagnosing, managing and treating patients with a wide range of mental health concerns, including schizophrenia, bipolar disorders, depression, anxiety disorders, PTSD, dementia, Alzheimer's, addiction, mood disorders,

personality disorders, and anger management through in-person and telehealth visit across North Carolina.

[Book Appointment →](#)

Insurances We Accept



Testimonials

What Our Patients Say

At Dynamic Healthcare PLLC, we are committed to providing compassionate, patient-centered mental health care. Here's what our clients share about their experiences and the positive impact our services have made in their lives.

A.P.

Dr. Nwosu made me feel heard from the very first appointment. She took her time, explained everything clearly, and helped me find the right treatment plan. I finally feel like I'm getting my life back.

T.R.

After struggling for years, I finally feel stable and hopeful. The medication management and therapy guidance have made such a difference.

S.W.

The virtual sessions are so convenient, and the quality of care is exceptional. I appreciate the flexibility and the way I'm treated with kindness during every visit.

B.L.

My child felt comfortable right away. The provider is patient, friendly, and very skilled at explaining things in a way kids understand. We've noticed a

huge improvement.

Take The First Step Toward Mental Wellness

Whether you're seeking therapy, medication management, or a comprehensive evaluation, our compassionate team is here to guide you. Support is just a click away.

Book An Appointment →

Contact

Get In Touch With Us

We're here to answer your questions, schedule your appointment, and support you on your mental wellness journey. Reach out today — we're ready to help.

 (919) 741-2024

 dynamichealthcarellc@yahoo.com

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First Name *

First name here

Last Name *

Last name here

Email Address *

Add email

Phone *

Phone no:

Comments / Questions

Comments

SEND MESSAGE





PLLC

Dynamic

Healthcare

PSYCHIATRY AND BEHAVIORAL HEALTH

At Dynamic Healthcare PLLC, we provide culturally sensitive, personalized, and evidence-based psychiatric care for children, adolescents, adults, and older adults.

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