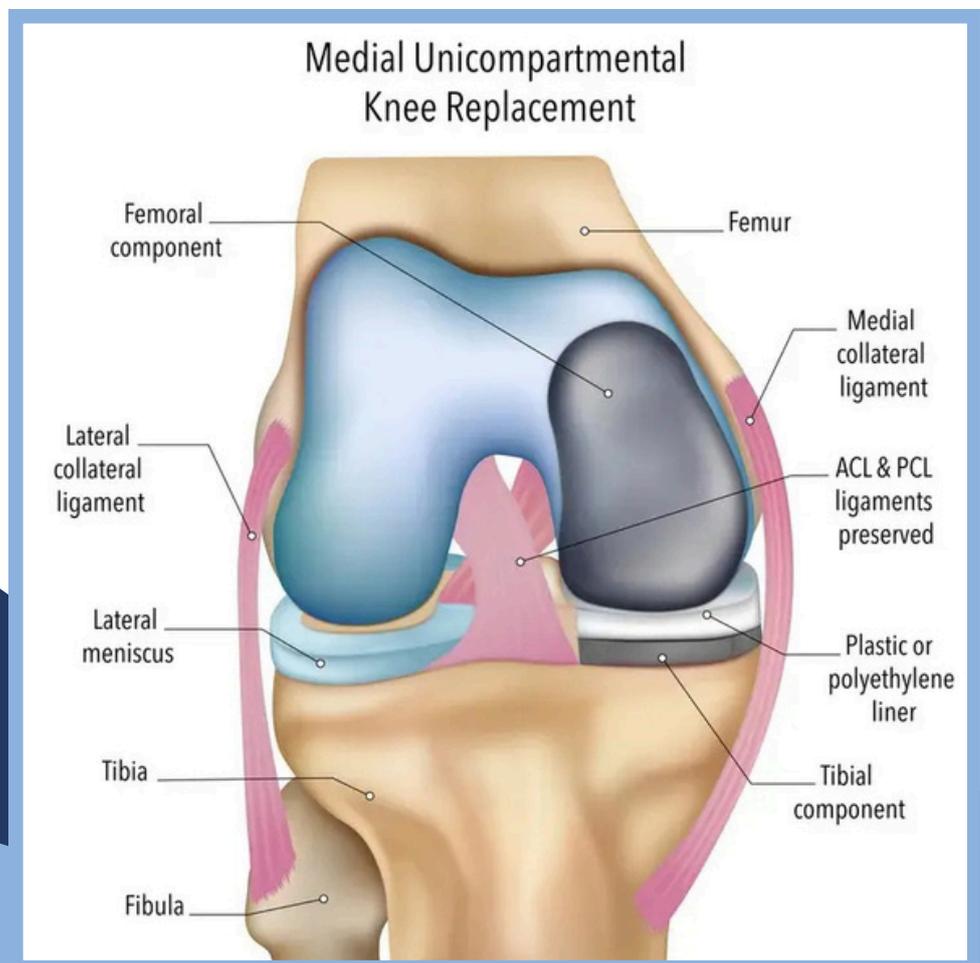




Mr Vishal Pai
ORTHOPAEDIC KNEE SURGEON

Is Partial Knee Replacement Surgery the Right Call for Your Knee



0386570595



vishalpai.com.au



Knee pain can creep in slowly. First it is stiffness in the morning. Then it is the ache after a short walk. You start avoiding stairs. You think it will settle. It does not. In cases where damage is limited to one section of the joint, [partial knee replacement surgery](#) may be considered as a focused solution instead of replacing the entire knee.

When One Side of the Knee Is the Problem

Sometimes arthritis affects a single compartment. The rest of the joint still works reasonably well. That is where partial knee replacement surgery plays a role. The worn surface is resurfaced, while healthy bone and ligaments are preserved. Movement can feel more natural because much of your own knee remains intact.

Why Patients Consider This Option

A smaller procedure can appeal for practical reasons. Key points often include:

- Preservation of healthy bone and tissue
- Smaller incision compared to total replacement
- Potentially quicker recovery period
- More natural knee motion after healing

It is not suitable for every knee. Careful assessment, imaging and honest discussion help in the right decision.

Recovery & Expectations

Surgery is only part of it. Rehabilitation matters. Strength returns gradually. Most people notice steady improvement in comfort and confidence over time.

Ongoing knee pain can quietly limit your independence. You do not have to accept that as normal ageing.

Speak with [Mr Vishal Pai Orthopaedic Knee Surgeon](#) and explore the possibility of partial knee replacement surgery.

Mr Vishal Pai Orthopaedic Knee Surgeon

Suite 1/60 Bay Rd, Sandringham, VIC, 3191, Australia

0386570595