

About Cohort Learning Space

Cohort Learning Space is a learning and coaching organisation in Liluah, Howrah, West Bengal, working with professionals and leaders who want to grow in their roles. The programmes centre on people: private coaching for executives and leaders, and training that sharpens how managers speak, listen and lead. The aim is practical change at work, not theory for its own sake.

- **One on One Executive Coaching**
- **One to One Leadership Coaching**
- **Executive Communication Course**
- **Learning built around real workplace needs**

www.cohortlearningspace.com



One on One Executive Coaching

Senior roles can be lonely. Decisions pile up, and few people will tell you honestly how you come across. One on one executive coaching gives you a private space with a coach to think out loud, test a decision and work on the habits that hold you back. Sessions are built around your role, your team and the goals you set, so the conversation stays useful from the first meeting.

- **Private sessions built around your role**
- **Clear goals and honest feedback**
- **Room to think through tough decisions**
- **Progress you can see at work**

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One to One Leadership Coaching

Most people learn leadership by trial and error. One to one leadership coaching shortens that curve. Working with a coach, a new manager learns to delegate and give feedback, an experienced leader learns to handle conflict and stay steady under pressure, and both get a sounding board that is on their side. The focus is on the situations you face this month, not a generic checklist.

- **Delegation, feedback and team building**
- **Handling conflict and pressure**
- **For first-time managers and senior leaders**
- **Practical steps to try between sessions**

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Executive Communication Course

Good ideas lose ground when they are badly explained. An executive communication course works on the moments that count: presenting to the board, running a tense meeting, giving feedback and writing an email that gets a reply. Participants practise real workplace scenarios, hear how they sound, and leave with habits they can use the very next morning.

- **Presentations and boardroom talk**
- **Meetings, feedback and difficult conversations**
- **Clear writing for emails and reports**
- **Practice with real workplace scenarios**

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LET'S TALK

COHORT LEARNING SPACE

