

Website Introduction

Dr Fazal Rehman is a minimally invasive and robotic spine surgeon at Starcare Hospital in Kozhikode, Kerala. His website, keralaspine.com, explains common spine problems, the treatments available and how to book a consultation, so patients can understand their options before they visit the clinic.

[Read more: keralaspine.com/slip-disk-pain-treatment-in-kerala](http://keralaspine.com/slip-disk-pain-treatment-in-kerala)



Spine care for Kerala, from Kozhikode



Cervical Disc Replacement Kerala

When a worn disc in the neck presses on a nerve, it can cause arm pain, tingling or weakness. In cervical disc replacement the damaged disc is removed and an artificial one is placed, so the neck keeps its movement. Whether it suits you depends on your symptoms and scans, and a spine surgeon should decide after examining you.

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Discectomy Surgery in Kerala

Discectomy removes the part of a disc that is pressing on a nerve. It is usually considered when leg or arm pain, numbness or weakness continues despite medicines, rest and physiotherapy. A minimally invasive approach uses a small cut and disturbs less tissue. Your surgeon will explain whether it fits your case.

[Read more: keralaspine.com/slip-disk-pain-treatment-in-kerala](https://keralaspine.com/slip-disk-pain-treatment-in-kerala)



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Herniated Disc Surgery Kerala

A herniated disc, often called a slipped disc, can cause back or neck pain that travels into an arm or leg. Many people improve without an operation, but surgery is worth discussing when pain is severe, lasts for weeks or comes with weakness. Read how slip disc pain is assessed and treated, then book a consultation.

[Read more: keralaspine.com/slip-disc-pain-treatment-in-kerala](https://keralaspine.com/slip-disc-pain-treatment-in-kerala)



Dr Fazal Rehman

BOOK YOUR CONSULTATION



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